

PPP Female Race League 2017			Worcester parkrun 5k			Pendock Spring Chicken 10k			Cheer 5 (5 miles), Cob House			Scenic Six (6 miles), Peopleton			Crowle 10k			Malvern Joggers 10k			Bredon Bash (6 miles-ish)			Evesham Town 10k			Stratford 10k			Worcester City 10k			Cricklade 10k			Cricklade Half Marathon			Evesham Christmas 10k			Bonus		League Points			
League Position	Name	Joker Event (Event No.)	Official Time	Age-adj. Time	Age-adj. Finish Positn.	Official Time	Age-adj. Time	Age-adj. Finish Positn.	Official Time	Age-adj. Time	Age-adj. Finish Positn.	Official Time	Age-adj. Time	Age-adj. Finish Positn.	Official Time	Age-adj. Time	Age-adj. Finish Positn.	Official Time	Age-adj. Time	Age-adj. Finish Positn.	Official Time	Age-adj. Time	Age-adj. Finish Positn.	Official Time	Age-adj. Time	Age-adj. Finish Positn.	Official Time	Age-adj. Time	Age-adj. Finish Positn.	Official Time	Age-adj. Time	Age-adj. Finish Positn.	Official Time	Age-adj. Time	Age-adj. Finish Positn.	PPP 10k Helper (20 points)	Marshalling at a PPP Race League Race (5 points)	Points (best 6)	Bonus Points	Total Points							
			Event No: 1 Date: 28-Jan-17			Event No: 2 Date: 26-Mar-17			Event No: 3 Date: 17-Apr-17			Event No: 4 Date: 23-Apr-17			Event No: 5 Date: 07-May-17			Event No: 6 Date: 14-Jun-17			Event No: 7 Date: 22-Jun-17			Event No: 8 Date: 09-Jul-17			Event No: 9 Date: 10-Sep-17			Event No: 10 Date: 17-Sep-17			Event No: 11 Date: 01-Oct-17			Event No: 12 Date: 01-Oct-17			Event No: 13 Date: 17-Dec-17								
1	Sue Woods	6	0:30:32	0:24:02	7				0:50:32	0:38:39	1	1:01:00	0:46:18	1	0:57:49	0:43:53	2	1:06:17	0:50:19	1	1:04:09	0:48:41	1	0:56:07	0:42:36	1	0:55:00	0:41:45	1				0:54:58	0:41:43	1			20	5	210	25	235					
2	Ann Hewlett	6	0:26:47	0:24:27	10	0:56:09	0:50:52	3	0:45:28	0:41:18	5				1:01:47	0:55:59	5							0:55:13	0:49:27	4	0:53:04	0:47:31	2							0:55:59	0:50:08	3	20		190	20	210				
3	Anny James	4	0:27:06	0:25:14	13	1:00:02	0:55:35	5	0:47:19	0:43:53	7	0:57:57	0:53:39	3	0:56:53	0:52:40	6	1:04:25	0:59:39	6	1:05:37	1:00:45	2	0:57:58	0:53:40	6	0:56:29	0:51:45	4							0:58:46	0:53:51	8	20		188	20	208				
3	Joyce Morrison	13	0:33:39	0:23:52	6	1:17:50	0:52:32	4	1:02:30	0:42:40	6	1:12:01	0:48:37	2										1:13:29	0:49:36	5				1:09:15	0:46:45	2				1:14:55	0:50:34	5	20		188	20	208				
5	Denise Morrison		0:27:55	0:24:57	11	1:06:15	0:58:38	7	0:51:02	0:45:18	9				0:54:03	0:47:50	4												1:09:42	0:52:50	3				2:04:32	1:49:30	2	20		154	20	174					
6	Alison Carr		0:22:20	0:19:45	1	0:45:29	0:39:18	1							0:45:49	0:39:35	1																	1:45:41	1:30:42	1	20		150	20	170						
7	Helen Carlisle	4							0:47:10	0:45:34	10	0:56:52	0:54:53	4	0:59:13	0:57:09	11	1:03:40	1:01:27	8														1:00:35	0:58:04	11	20	5	138	25	163						
8	Julie Westcot		0:27:32	0:25:53	15	0:53:41	0:50:11	2	0:42:07	0:39:26	3				0:49:18	0:46:05	3							0:51:58	0:48:35	2							0:52:54	0:48:59	2			159		159							
9	Jackie Turner		0:29:32	0:26:58	16				0:49:22	0:44:20	8				0:59:59	0:53:43	7	1:08:30	1:01:21	7				1:01:57	0:55:29	8				1:00:08	0:53:51	2				138	20	158									
10	Tracey Barlow	10	0:32:58	0:29:47	23	1:05:07	0:58:19	6	0:54:39	0:49:05	11													1:03:54	0:56:33	9	1:02:41	0:55:28	5	1:00:51	0:53:51	4				155		155									
11	Jo Sprague	13	0:24:42	0:23:13	5				0:42:35	0:39:53	4				0:59:35	0:55:42	4																	0:56:27	0:52:16	6	20		130	20	150						
12	Suzanne Price	13													1:08:22	0:59:47	13														1:40:20	1:26:41	17				117:19	1:06:48	14	20		115	20	135			
13	Selina Phelps	3	0:37:34	0:36:46	27				0:57:06	0:55:30	15																								1:17:19	1:06:48	14	20		95	20	115					
14	Fiona Wall	13	0:31:58	0:31:26	24				0:57:02	0:56:01	17				1:16:52	1:15:28	14																		1:17:45	1:15:57	15	20	5	86	25	111					
15	Caz Kibble		0:26:41	0:24:06	8				0:43:27	0:39:01	2							1:19:01	1:08:16	10	1:19:37	1:08:47	3														20	5	81	20	101						
16	Alison Blears	5	0:35:27	0:28:56	21	1:17:10	1:01:49	8							1:07:45	0:54:16	8																						79	20	99						
17	Claire Constanduros		0:26:03	0:25:13	12										0:53:16	0:51:03	5							0:56:00	0:53:41	7											20	5	69	25	94						
18	Mandy Dennis	13	0:49:13	0:49:10	30	1:13:55	1:13:50	10	0:58:07	0:58:04	18				1:12:29	1:12:24	14	1:24:00	1:23:54	15																		20	5	68	25	93					
19	Ruby Johnson		0:27:21	0:27:21	17	1:06:07	1:06:07	9	01:02:30	1:02:30	21				0:54:21	0:54:21	9																						20	5	68	20	88				
20	Andrea Holmes	13	0:28:34	0:24:25	9																															1:08:10	0:57:28	9	20		66	20	86				
21	Alex Day	13													1:17:33	1:14:51	12																	1:05:43	1:03:26	11	20		63	20	83						
21	Kate Le Chevalier														0:55:39	0:55:39	3							0:49:20	0:49:20	3										0:50:11	0:50:10	4			83		83				
23	Katherine Smith		0:21:40	0:21:23	3																														0:41:50	0:41:04	1	20		58	20	78					
24	Julie Herbert		0:25:58	0:25:48	14										1:15:57	1:15:11	13																	0:59:14	0:58:38	9	20		57	20	77						
25	Nicola Peck		0:28:12	0:27:56	19				0:54:21	0:53:48	13													1:04:21	1:03:27	11													20	5	50	20	70				
26	Laure Holder																																			2:09:55	2:01:50	3	1:01:10	0:57:42	10	20		49	20	69	
27	Clare Haste																	1:06:23	1:06:22	9				1:06:28	1:03:42	12	1:08:03	1:05:14	6	1:00:35	0:58:04	8						67		67							
28	Emma Gardner																																		0:57:42	0:57:41	7	20		46	20	66					
29	Joy Sait								0:57:14	0:50:13	12				1:05:34	0:57:20	12																								64		64				
30	Karen Cooper	13																																				1:13:14	1:03:16	13	20	5	36	25	61		
31	Dawn Pound																																							20		40	20	60			
31	Catherine Simpson		0:34:26	0:32:53	25				0:57:53	0:55:07	14													1:14:03	1:10:26	14															20		40	20	60		
33	Sarah Ballard								1:03:44	0:59:41	19	1:14:25	1:09:34	5																											20		38	20	58		
34	Sian Thomas	13	0:39:46	0:34:46	26																																1:35:34	1:21:34	18	20	5	31	25	56			
35	Lynsey Hall								1:10:40	1:08:16	22				1:36:30	1:33:09	17																							20	5	50	5	55			
36	Karen Hinks		0:24:43	0:21:22	2																																			20	5	29	25	54			
37	Louise Bickley																																									20		28	20	48	
37	Debbie Morris	13																																				1:20:02	1:14:49	17	20		28	20	48		
39	Cathy Dickson																																								20		25	20	45		
40	Emily Seyler		0:56:49	0:55:36	31																																					20	5	14	25	39	
41	Kaye Bottomley		0:37:16	0:37:16	28																																					20		18	20	38	
42	Bobbi Hine																																											36		36	
43	Leanne Stratford		0:27:51	0:27:51	18																																						20		13	20	33
44	Lynda Girvan		0:30:08	0:28:04	20										1:00:11																																

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Event No:		1	Date:		28-Jan-17	2		17-Mar-17		3		4		5		6		7		8		9		10		11		12		13		PPP 10k Helper (20 points)		Marshalling at a PPP Race League Race (5 points)		Race Points (best 6)			Bonus Points		Total Points															
League Position	Name	Joker Event (Event No.)	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.	Official Time	Age-adjusted Time	Age-adj. Finish Positn.															
1	David Pound	1	0:20:33	0:17:58	1	0:46:28	0:40:09	2	0:41:33	0:36:02	5										0:45:46	0:39:33	1	0:44:07	0:38:07	2				0:44:39	0:38:07	1			0:47:11	0:40:16	1	20	5	208	25	233														
2	Simon Gardner	4				0:52:58	0:42:26	3	0:41:43	0:33:37	2	0:51:29	0:41:14	1				0:56:58	0:45:38	2	0:58:34	0:45:19	2	0:50:42	0:40:37	4						1:52:58	1:29:51	2			0:47:11	0:40:16	1	20	5	204	20	224												
3	Paul Barlow	5	0:21:32	0:19:02	2	0:45:50	0:40:05	1	0:36:45	0:32:15	1				0:43:28	0:38:01	1				0:48:06	0:42:04	1	0:45:14	0:39:33	2	0:43:09	0:37:44	1	0:41:49	0:36:34	1			0:54:06	0:46:45	4									210		210								
4	Stephen Morris	7	0:25:19	0:23:35	7				0:41:58	0:38:56	6				0:52:09	0:48:17	6	0:57:24	0:53:09	4	0:55:05	0:51:00	3	0:53:58	0:49:58	9			1:10:02	1:04:10	3			0:54:49	0:50:13	6			20						186	20	206									
5	Julian Lockyear	4	0:33:42	0:28:09	13	1:11:47	0:59:00	9	0:55:47	0:46:05	11	1:11:34	0:58:50	2				1:05:36	0:53:14	8				1:19:33	1:04:33	13	1:07:21	0:54:39	4	1:06:05	0:53:38	6								20	5	175	25	200												
6	David James	5	0:39:10	0:26:15	11							1:13:41	0:47:25	4	1:24:16	0:53:20	5	1:30:07	0:57:03	4				1:15:12	0:47:36	7												20						151	20	171										
7	Phil Deeley		0:19:20	0:19:19	3										0:45:14	0:45:07	1							0:40:11	0:40:05	3			0:38:14	0:38:08	2			1:27:06	1:26:43	1			20						145	20	165									
8	Steve Roode		0:25:24	0:22:12	5	0:53:38	0:46:20	7	0:40:37	0:35:13	4				1:36:57	1:23:46	11							0:49:32	0:42:17	5								0:57:19	0:48:55	5							149		149											
9	Tom Marshall	13							0:44:49	0:44:37	10																	0:48:53	0:48:32	5					1:00:36	1:00:11	10			20						110	20	130								
10	Trevor Clark		0:33:21	0:28:30	14				1:03:46	0:53:20	15				1:22:17	1:08:30	9	1:29:28	1:14:29	5												2:04:22	1:42:50	4						20			108	20	128											
11	Darren Wall	13	0:29:22	0:27:50	12				0:53:31	0:50:33	14				1:12:21	1:08:15	8									0:59:27	0:55:35	7						1:17:29	1:12:26	12		5	121	5	126															
12	Neil Sprague	13	0:30:42	0:28:36	15				0:51:37	0:47:53	12				1:13:10	1:07:45	7																1:12:55	1:06:48	11			20						99	20	119										
12	Ian Hannis	4	0:25:24	0:24:04	9	1:06:14	1:02:29	10				1:02:44	0:59:11	3																									20						99	20	119									
14	Nick Herbert					0:45:11	0:43:37	4	0:44:07	0:42:37	9				0:45:00	0:43:26	2							0:55:15	0:52:57	11														20			98	20	118											
15	Nick Griffiths		0:26:21	0:22:47	6							0:56:50	0:47:55	5	1:06:37	0:56:09	6																		1:02:50	0:52:58	8							99		99										
16	Callum Aitken																						0:49:26	0:48:56	8			0:47:12	0:46:32	4					0:51:56	0:51:12	7			20						74	20	94								
17	Lee Greatbach																											0:58:36	0:58:20	9			1:51:06	1:50:20	5			0:54:06	0:53:51	9			20						70	20	90					
18	Richard Beetlestone					0:45:02	0:43:59	5							0:51:42	0:50:30	3																	1:43:04	1:40:13	3									82		82									
19	Andy Coward																						0:51:44	0:44:09	6	0:49:00	0:41:49	3	0:47:58	0:40:56	3																	81		81						
19	Matt Collins								0:49:02	0:47:55	13				0:57:18	0:55:58	9	1:12:16	1:10:35	10																				20						61	20	81								
21	Tom Carr		0:24:25	0:21:21	4	0:52:18	0:45:11	6							0:51:59	0:44:22	3																														80		80							
22	Andrew Fulcher		0:30:39	0:30:37	18																										0:53:13	0:53:05	2														42	20	62							
23	Mike Wilson		0:42:56	0:35:27	20				0:51:12	0:41:47	8												1:06:28	0:53:56	12																						53	5	58							
24	David Pearce		0:49:15	0:30:08	17																						1:40:21	0:57:01	8																				37	20	57					
24	Steve Potter								0:39:31	0:35:05	3																										0:49:57	0:43:41	2									57		57						
26	Des Johnston		0:37:59	0:35:02	19																						1:40:21	1:30:55	11																					32	20	52				
27	John Powell		0:27:08	0:23:43	8																																												23	20	43					
28	Ross Cowley																																			0:45:13	0:45:13	3											28		28					
29	Ian Shearer																														2:21:35	2:13:55	6																		25		25			
30	Simon Girvan											0:54:24	0:51:45	7																																			24		24					
30	Richard Holmes								0:47:17	0:39:04	7																																							24		24				
32	Justin Rowling					1:01:14	0:56:06	8																																											23		23			
33	Lee Deeley																																																				21		21	
33	Colin Stanford		0:30:22	0:25:22	10																																															21		21		
35	Darren Fulcher																																																				20		20	
35	James Dickson																																																			20		20		
35	Paul Pulley																																																				20		20	
35	Seb Clarke																																																					20		20
39	Dan Barker		0:33:59	0:30:02	16																																																	15		15